

ACTA DEL CAMPEONATO

10.000 metres ABS-PRO-JUN

Pto	Dor	Nombre Club	F de Nac Lic	Cat	Orden	Marca
Final 13/03/2010 18:25						
1	6	Abel Avila CA Manresa	15/03/1977 CT11332	SM	17	30:37.88
2	3	Roger Campoy FC Barcelona	28/08/1986 CT12867	SM	23	30:39.59
3	34	Ibrahim Ezzaydouny FC Barcelona	28/04/1991 CT16227	JM	4	30:41.13
4	5	Alex Almeida ISS - L'Hospitalet	08/12/1980 CT15011	SM	8	30:44.44
5	29	Abdelkabir Zaroual ISS - L'Hospitalet	01/01/1990 CT15653	PM	21	30:46.13
6	10	Ignacio Avila CA Manresa	19/01/1979 CT11333	SM	24	30:46.97
7	4	Sergio Enriquez Pratenc AA	14/01/1983 CT11120	SM	14	30:56.29
8	26	Hamid Kabouri Aquadiver-GEIEG	16/02/1988 CT14835	PM	9	31:09.85
9	20	David Martinez CA Manresa	04/01/1986 CT11892	SM	13	31:29.14
10	12	Guillem Fernandez CA Manresa	27/10/1985 CT13787	SM	1	32:06.79
11	17	Alan Francesc Manchado Amics At.Andorra	21/05/1975 CL16568	SM	5	32:11.04
12	8	Antonio Alcaide CA J'Arribu	23/07/1975 CT18824	SM	16	32:15.24
13	11	Bernat Monter UA Terrassa	17/04/1975 CT13107	SM	22	32:18.09
14	23	Pedro Ortega CA Tarragona	12/10/1977 CL16079	SM	7	32:19.07
15	16	Javier Lopez UA Terrassa	30/10/1980 CT12445	SM	28	32:48.30
16	24	Elias Perez GA Llulso Mataró	06/09/1979 CL17937	SM	19	33:24.30
17	32	Sergio Vellido CA Castellar	03/05/1992 CT16682	JM	25	34:15.67
18	18	Oriol Sellares CA Manresa	10/08/1987 CT15994	SM	6	34:15.75
19	35	German Muñoz CA Nou Barris	10/04/1991 CL16896	JM	11	34:27.60
20	19	Jordi Martos CA Canovelles	05/02/1987 CT14551	SM	10	34:37.90
21	15	Emilio Ferrer Cornellà At.	13/10/1977 CT15036	SM	18	34:44.52
22	36	Tarik El Khiam CA Nou Barris	02/01/1992 CT18761	JM	26	35:12.18
23	30	Ignasi Baldellou Aquadiver-GEIEG	20/04/1991 CT17606	JM	3	35:49.07
24	28	Carlos Diaz CA Canovelles	19/07/1989 CT15216	PM	15	36:00.19
25	33	Youssef Kouah CA Nou Barris	14/04/1991 CT19130	JM	12	36:37.30
26	27	Marcelo Leiva CA Nou Barris	18/11/1990 CT18456	PM	27	37:01.30
	25	Adria Vila CAP Alcobendas	29/06/1990 CT15471	PM	29	AB
	21	Jordi Comas FC Barcelona	18/11/1977 CT15081	SM	2	AB
	9	Xavi Garcia FACVAC Valls	26/10/1978 CT2235	SM	20	AB

ACTA DEL CAMPEONATO

10.000 metres Senior Masculí

Pto	Dor	Nombre Club	F de Nac Lic	Cat	Orden	Marca
Final 13/03/2010 18:25						
1	6	Abel Avila CA Manresa	15/03/1977 CT11332	SM	22	30:37.88
2	3	Roger Campoy FC Barcelona	28/08/1986 CT12867	SM	16	30:39.59
3	5	Alex Almeida ISS - L'Hospitalet	08/12/1980 CT15011	SM	20	30:44.44
4	10	Ignacio Avila CA Manresa	19/01/1979 CT11333	SM	2	30:46.97
5	4	Sergio Enriquez Pratenc AA	14/01/1983 CT11120	SM	19	30:56.29
6	20	David Martinez CA Manresa	04/01/1986 CT11892	SM	23	31:29.14
7	12	Guillem Fernandez CA Manresa	27/10/1985 CT13787	SM	6	32:06.79
8	17	Alan Francesc Manchado Amics At.Andorra	21/05/1975 CL16568	SM	18	32:11.04
9	8	Antonio Alcaide CA J'Arribu	23/07/1975 CT18824	SM	14	32:15.24
10	11	Bernat Monter UA Terrassa	17/04/1975 CT13107	SM	12	32:18.09
11	23	Pedro Ortega CA Tarragona	12/10/1977 CL16079	SM	5	32:19.07
12	16	Javier Lopez UA Terrassa	30/10/1980 CT12445	SM	7	32:48.30
13	24	Elias Perez GA Lluïsos Mataró	06/09/1979 CL17937	SM	24	33:24.30
14	18	Oriol Sellares CA Manresa	10/08/1987 CT15994	SM	3	34:15.75
15	19	Jordi Martos CA Canovelles	05/02/1987 CT14551	SM	13	34:37.90
16	15	Emilio Ferrer Cornellà At.	13/10/1977 CT15036	SM	15	34:44.52
	21	Jordi Comas FC Barcelona	18/11/1977 CT15081	SM	1	AB
	9	Xavi Garcia FACVAC Valls	26/10/1978 CT2235	SM	11	AB

10.000 metres Junior Masculí

Pto	Dor	Nombre Club	F de Nac Lic	Cat	Orden	Marca
Final 13/03/2010 18:25						
1	34	Ibrahim Ezzaydouny FC Barcelona	28/04/1991 CT16227	JM	3	30:41.13
2	32	Sergio Vellido CA Castellar	03/05/1992 CT16682	JM	7	34:15.67
3	35	German Muñoz CA Nou Barris	10/04/1991 CL16896	JM	2	34:27.60
4	36	Tarik El Khiam CA Nou Barris	02/01/1992 CT18761	JM	1	35:12.18
5	30	Ignasi Baldellou Aquadiver-GEiEG	20/04/1991 CT17606	JM	6	35:49.07
6	33	Youssef Kouah CA Nou Barris	14/04/1991 CT19130	JM	5	36:37.30

ACTA DEL CAMPEONATO

10.000 metres Promesa Masculí

Pto	Dor	Nombre Club	F de Nac Lic	Cat	Orden	Marca
Final 13/03/2010 18:25						
1	29	Abdelkabar Zaroual ISS - L'Hospitalet	01/01/1990 CT15653	PM	3	30:46.13
2	26	Hamid Kabouri Aquadiver-GEIEG	16/02/1988 CT14835	PM	4	31:09.85
3	28	Carlos Diaz CA Canovelles	19/07/1989 CT15216	PM	5	36:00.19
4	27	Marcelo Leiva CA Nou Barris	18/11/1990 CT18456	PM	1	37:01.30
	25	Adria Vila CAP Alcobendas	29/06/1990 CT15471	PM	2	AB

10.000 metres Veterà Masculí

Final

Pto	Dor	Nombre Club	F de Nac Lic	Cat	Orden	Marca
Final A 13/03/2010 16:50						
1	68	Enric Vila UA Terrassa	10/05/1969 CT11660	M-40	13	32:07.27
2	49	Jaume Domingo CE California Sports	18/08/1974 CT10074	M-35	5	33:02.95
3	65	David Marsol CA Vic	22/02/1970 CT3271	M-40	21	33:45.97
4	62	Benvingut Oliveras CA Manresa	02/11/1965 CT6762	M-40	12	34:05.52
5	85	Francesc Osuna CE Penedès	27/11/1956 CT3861	M-50	22	34:08.90
6	60	Fco.Javier Aviles GA Lluïsos Mataró	02/04/1968 CT14365	M-40	11	34:35.83
7	73	Ramon Esquius CA Manresa	11/07/1960 CT18181	M-45	1	34:58.52
8	47	Alfonso Guillen CA Canovelles	11/09/1974 CT14593	M-35	2	35:14.77
9	50	Miquel Maza CA Vic	25/03/1972 CT17068	M-35	8	35:16.22
10	74	Jordi March CA Nou Barris	09/11/1960 CT2600	M-45	4	35:27.21
11	72	Alfons Esquius CA Manresa	06/09/1961 CT18180	M-45	3	35:34.41
12	82	Joaquín Joyas GA Lluïsos Mataró	12/11/1958 CT639	M-50	10	35:58.45
13	91	Miguel Nieto Atletismo Bikila	15/01/1955 CT14347	M-55	7	36:31.83
14	71	Dario Beksic CA Manresa	31/05/1964 CT17449	M-45	16	41:31.88
15	41	David Berrocal AE MOLINS	01/01/1973 CL19259	M-35	6	41:44.15
16	93	Josep M Antentas JA Sabadell	08/09/1946 CT4008	M-60	20	41:45.16
17	97	Josep Perramon CA Manresa	20/04/1941 CT3224	M-65	17	43:23.26
	87	Antonio Hernandez CE California Sports	30/07/1958 CT1458	M-50	9	AB
	51	David Pont CA Vic	10/09/1971 CT16582	M-35	15	AB

ACTA DEL CAMPEONATO

10.000 metres Veterà Masculí

Final

Pto	Dor	Nombre Club	F de Nac Lic	Cat	Orden	Marca
Final B 13/03/2010 16:55						
1	64	Albert Quiros CA Manresa	15/08/1968 CT17360	M-40	14	33:33.30
2	46	Carlos Javier Gonzalez UA Terrassa	15/08/1970 CT2839	M-35	8	33:54.14
3	45	David Francome Amics At.Andorra	10/11/1972 CL16567	M-35	5	33:59.55
4	67	Manuel Vazquez GA Lluísos Mataró	03/02/1967 CT17592	M-40	4	34:18.08
5	81	Diego Garcia CA Diputació BCN	10/01/1959 CT4313	M-50	11	34:30.17
6	44	Jose Maria Fernandez INDEPENDIENTE	04/10/1972 CT18257	M-35	20	35:16.39
7	70	Fernando Flores CA Tarragona	17/06/1969 CT15201	M-40	22	35:46.88
8	90	Fernando Diaz FC Barcelona	03/07/1951 CT1209	M-55	16	36:30.66
9	43	David Culebras GA Lluísos Mataró	10/04/1974 CT18840	M-35	13	37:35.29
10	86	Ramon Quesada Serra Marina Alella	23/03/1959 CT19141	M-50	15	39:16.05
11	94	Josep Comas CA Manresa	29/06/1949 CT18206	M-60	19	39:18.82
12	83	Joaquim Llobet CA Manresa	08/10/1956 CT19418	M-50	21	40:45.22
13	92	Antoni Serrano CE Penedès	19/10/1951 CL19333	M-55	12	40:52.42
14	96	Prudencio Perez GA Lluísos Mataró	12/01/1947 CT7683	M-60	17	42:42.35
15	95	Domingo Ortega Domingo Catalan FC	29/02/1948 CT17152	M-60	6	43:14.34
	48	Joan Izabal CA Canaletes	08/11/1974 CL3327	M-35	18	AB
	76	Jordi Miro CA Tarragona	01/11/1962 CL16755	M-45	9	AB

10.000 metres Absolut Femení

Pto	Dor	Nombre Club	F de Nac Lic	Cat	Orden	Marca
Final 13/03/2010 19:10						
1	100	Rosa Maria Morato Valencia Terra i Mar	19/06/1979 CT5675	SF	5	31:54.16
2	101	Gema Barrachina Valencia Terra i Mar	10/04/1986 CT18721	SF	4	31:54.64
3	103	Lidia Rodriguez ISS - L'Hospitalet	26/05/1986 CT11785	SF	1	34:20.54
4	105	Maria Gracia Coll Aquadiver-GEIEG	25/03/1968 CT9807	W-40	3	38:07.76
5	106	Olga Planas Aquadiver-GEIEG	01/08/1971 CT15792	W-35	6	44:10.62
	102	Judit Pla FC Barcelona	02/05/1978 CT1477	SF	2	AB

10.000 metres Veterà Femení

Pto	Dor	Nombre Club	F de Nac Lic	Cat	Orden	Marca
Final 13/03/2010 19:10						
1	105	Maria Gracia Coll Aquadiver-GEIEG	25/03/1968 CT9807	W-40	2	38:07.76
2	106	Olga Planas Aquadiver-GEIEG	01/08/1971 CT15792	W-35	1	44:10.62

ACTA DEL CAMPEONATO

5.000 m.II. Juvenil Masculí

Pto	Dor	Nombre Club	F de Nac Lic	Cat	Orden	Marca
Final 13/03/2010 16:25						
1	135	Ibrahim Azzouz FC Barcelona	12/11/1993 CT16824	LM	8	15:38.15
2	133	Wissam Chaouvi CA Sport Canet	16/06/1993 CL19424	LM	2	16:26.60
3	134	Youssef Taoussi CA Sport Canet	08/12/1994 CL19425	LM	4	16:27.70
4	131	Ibrahim Chakir CE Penedès	04/09/1994 CT18875	LM	6	16:40.20
5	137	Aleix Marsol FC Barcelona	28/03/1994 CT18422	LM	1	16:42.02
6	128	Mohamed Bounoua CA Nou Barris	20/08/1993 CT19298	LM	9	16:46.01
7	139	Adrian Serrano JA Montcada	10/05/1993 CT16621	LM	5	16:49.76
8	130	Dani Gallart CA Nou Barris	01/03/1994 CL19279	LM	7	17:54.32
	132	Ahmed Chakir CE Penedès	26/02/1993 CT18004	LM	3	AB

5.000 m.II. Juvenil-Júnior Femení

Pto	Dor	Nombre Club	F de Nac Lic	Cat	Orden	Marca
Final 13/03/2010 16:00						
1	125	Meritxell Soler CA Manresa	20/07/1992 CT17359	JF	3	18:41.24
2	127	Gemma Colome AA Catalunya	12/07/1992 CT16944	JF	2	18:49.16
3	136	Maria Riera CA Manresa	09/05/1993 CT17367	LF	1	20:55.59
4	129	Anna Traver CA Nou Barris	02/07/1994 CT18509	LF	4	21:16.03